

## Huntingdonshire Branch Newsletter

**September – October 2018**

### Notices:

#### **Christmas Lunch on Monday 17<sup>th</sup> December.**

This is the main get-together of branch members and others from all parts of Huntingdonshire and is usually a memorable event. It will be at Hemingford Abbots Village Hall (as last year) but by our former caterers. Order forms and details will be included with the next issue of this newsletter which should appear in late October. Note the date now.

#### **Christmas Cards.**

Ian Mackintosh (the cartoonist Mack) has designed a Christmas card for us, which is now with the printer.

These will be in packs of 10 and we hope all our members will purchase some. Ian is well known as a cartoonist and artist, and we are grateful that after several years with Parkinson's he has got his pencils to work again

**Did you know there is a Huntingdonshire Branch website?** Look up: [www.huntspds.org.uk](http://www.huntspds.org.uk) for news and a copy of this newsletter. If you have any questions/comments, or anything you think might be added, please email [web.huntspds@gmail.com](mailto:web.huntspds@gmail.com)

### **The Social Calendar**

Wednesday 5<sup>th</sup> September 2.00 pm at The Dolphin Hotel, St Ives.

Both Marianne Fountain and Lorna Woor expect to attend.

Wednesday 12<sup>th</sup> 2.00 pm at Rainbow Centre, Ramsey

Marianne Fountain will attend.

Monday 17<sup>th</sup> 2.00 pm at Old Market Court, Tebbutts Road, St Neots

Marianne Fountain.

Wednesday 3<sup>rd</sup> October 2.00 pm at The Dolphin Hotel, St Ives

Speaker tbc

Wednesday 10<sup>th</sup>, 2.00 pm at Rainbow Centre, Ramsey

Mutual Support meeting.

Monday 15<sup>th</sup> 2.00 pm at Old Market Court, Tebbutts Road, St Neots

Speaker: Marcia Paterson 'Make-up artist at the BBC'

### **Exercise.**

Tuesdays 11.00 am chair-based exercise with Gareth at Pilgrim Hall, United Reformed Church, St Neots

This group is still at risk because of low attendance numbers.

Thursdays 1.30 pm Love to Move at Stage Works, Buckden Towers, Buckden.

Thursdays 3.00 pm on 6<sup>th</sup>, 20<sup>th</sup> September; 4<sup>th</sup>, 18<sup>th</sup>, October, Ambulant Love to Move.

Fridays 11.00 am chair-based exercise with Becky at Crossways, Ramsey Road, St Ives.

Please note that Singing exercise with Music Therapist Alison Shaw and Aromatherapy with Vanessa Clipsham have both been discontinued because of inadequate support and the lack of major fund-raising during this year and 2017.

Apology for the brevity of this newsletter: the compiler is in the throes of house-moving!

CHAIRMAN Malcolm Ryman 07720 080749: VICE CHAIRMAN and BRANCH SECRETARY David Rudd 01480 474795:

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FUND-RAISING Elaine Bottom 07541 377391:

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NURSE APPOINTMENTS 0330 726 0077