

DIARY DATES, HUNTINGDONSHIRE BRANCH, PARKINSON'S UK

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

February 2018

Looking forward

Huntingdonshire Branch Annual General Meeting will be held at the Hinchbrook Park Education/Conference Centre at 1.30 for 2.00 pm on **Wednesday 7th March 2018**, followed by refreshments.

Free car park permits are available from Malcolm Ryman or David Rudd for those attending.

There will be no meeting at the Dolphin Hotel, St Ives, that day.

The Music Festival at the Green Man, Leighton Bromswold will take place on **Sunday 15th April 2018** **not Saturday 14th** as stated in last month's Diary Dates. The change is owing to changes at the Green Man.

Social and Information Calendar

Wednesday 7th 2.00 pm at Dolphin Hotel, St Ives.

Wednesday 14th 2.00 pm at Rainbow Centre, Stocking Fen Road, Ramsey

Monday 19th, 2.00 pm at Old Market Court, Tebbutts Road, St Neots

Tuesday 27th at 10.30 am Café Neurol at Marbrooke Centre, Eaton Socon

Exercise and Therapy

Tuesdays 11.00 am Chair-based exercise with Gareth at Pilgrim Hall, United Reformed Church, St Neots

Thursdays 1st and 15th at 2.00 pm. Parkinson's Sing with Alison at MS Centre, Mayfield Road, Hartford, Huntingdon

Thursdays 8th and 22nd at Stage Works, Buckden Towers, Buckden

1.30 to 2.30 pm 'Love to Move' exercise

3.00 to 4.00 pm Parkinson's Dance

Fridays 11.00 am. Chair-based exercise with Becky at Crossways, Ramsey Road, St Ives.

Only people diagnosed with Parkinson's and their carers can be accepted as new members of this group.

Notes

Parkinson's Life online magazine this month published a report by Parkinson's UK that the incidence of Parkinson's is increasing. Other sources report that worldwide all neurological conditions are increasing in numbers diagnosed, with Parkinson's increasing fastest. It is time for a break-through to improve treatment and find both cure and prevention. Considering the progress being made by researchers this must be imminent.

Although medication can alleviate the symptoms of Parkinson's, there are no drugs available which can slow or prevent the death of dopamine neurons. Now, researchers at Sungkyunwang University School of Medicine, Korea, have found that liquiritigenin (derived from liquorice) may potentially be used to treat, or maybe prevent, Parkinson's.

Sadly there is a long time lag between the publication of research progress and making the benefits available to the people who need them.

Recently we were asked to sign the petition asking the government to alter the rules concerning Personal Independence Payment (PIP) which unfairly disadvantages Parkinson's people. In some cases, people who previously received Disability Living Allowance (DLA) have lost their support.

Over 33,500 people signed the petition which will go to the government shortly.

Christmas Lunch November 30th 2017

Will you please accept my apologies for the standard of food and service at the Christmas Lunch?

Although I have used this caterer on several occasions and always been satisfied, it took me by surprise to experience the outcome on the day. I have heard that the day before the meal the lady in charge of catering was taken ill.

The family stepped in and did their utmost not to let us down at such a late stage.

Julia Lain.

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